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Impact Report

Serving
Humanity
Since 1993.

The figures reported here are for the year 2022

MWC Food

At MWC, one of our main goals is to combat food insecurity. We are committed to helping end hunger within Canada and around the world, ensuring we are at the front lines whenever people are in need.

More than 800 million people worldwide suffer from hunger. That's one in nine people who don't have enough to eat.

In Canada, the numbers are just as alarming, with 5.8 million people suffering from food insecurity, including 1.4 million children. At MWC, we are committed to helping end hunger in Canada and worldwide.

We believe everyone deserves access to nutritious food and are working with our partners to make that a reality. Through our programs, we are providing food assistance to those who need it most.

We fed hundreds of those in need despite the Covid-19 restrictions.



Food Bank

Scarborough & Mississauga

Families receive food, meat, clothing, backpacks, school supplies, and household items.

**35,000+ visits
in 2022**

The past three years, more than ever, the people of Canada needed as much help as they could get and we spent our time and resources towards helping those most impacted by Covid-19. Our services were updated to reflect the necessary regulations and guidelines of social distancing, wearing masks and providing sanitation.

*This year alone,
we had 35,000+
visits to our
food banks.*

Regent Meals and Malvern Eats

91,000+ hot meals served
since launch

**Donate a
meal for \$6**

Arctic Food Bank

Inuvik, NT & Iqaluit, NU

Families receive food, meat,
backpacks, school with
supplies, and household items.

**5,000+ visits
in 2022**

Meals on Wheels for Seniors

Toronto & Mississauga

Hot meals are delivered to the
doorsteps of seniors in need
twice a week. Over 37,000+
meals were served in 2022.

**Donate a
meal for \$8**

**Donate your
Fitra and Fidyah**



Meals on Wheels

Toronto & Hamilton

349,000+ meals distributed
since launch.

**Donate a
meal for \$3**

Qurbani & Zabiha

More than 376,000 pounds
of meat were distributed
worldwide in 2022.

Project Ramadan

During Ramadan, volunteers
pack special food baskets for
distribution to families in need.
We built 6,000 baskets in 2022.

**More than
42,000
food baskets**

have been distributed across
Ontario since 2009. Lasts a
family of four for 3-4 weeks.

**Donate a food
basket for \$70**

MWC Wellness

At MWC Wellness, we believe that healthcare is a fundamental right. We are committed to providing access to medical care to everyone, including those who do not have medical insurance. We offer support and aid through our local free clinics as well as our international wellness programs.

Free Medical Clinics

Toronto & Mississauga

We serve uninsured newcomers, refugees, international students, and visitors.

**Over 9,000
patients have
been served
since 2009**

Mother & Child Support

We promote

health and support for expectant mothers and newborns in the region of Thar, Pakistan.

We supply

incubators and professional care to prevent infant mortality.

Al Abbas Mussallah

The mussallah (prayer place) in Mississauga offers Islamic education for our children and adults, youth programs, and daily congregational prayer. Congregational prayers are also held for Taraweeh during Ramadan and on the two Eids



**17,000+
women and
children
were
provided
shelter**

MWC Homes

MWC Homes helps women and their children make the transition from danger and fear to safety and peace. We offer shelter, food, child services, healthcare services, and more for women of all backgrounds. With our new Muslim Welfare Residences, we are able to help women with their longer term homelessness issues.



Muslim Welfare Residences Since 2021

We provide

shelter through our fully furnished 26-room residence in Whitby. The shelter is open to women of all backgrounds facing homelessness, with lodging for up to three years.

Muslim Welfare Home & Emergency Motel Service- Durham Region Since 1996

We provide

shelter for women, children, and families at a 45-bed facility and in several motels.



MWC Children

Nearly 1.4 million children in Canada are food insecure. Unfortunately, these children also lack necessities such as adequate shelter and secure living environment, hindering their success and overall well-being. At MWC, we are committed to helping children and families in need so they can live healthy, fulfilling lives.

Public School Nutrition

We support

28 schools in Toronto & Durham

We have contributed over \$300,000 in the past 12 years to support school nutrition programs.

Breakfast, snacks and lunch is served to kids in schools in high needs areas.



Fill-A-Backpack

Since 2014, we have **packed and distributed over 18,000 backpacks filled with school supplies** across the GTA, Inuvik and Iqaluit, ensuring children return to school with smiles!

Support A Child

We provide

free education, school uniforms, shoes, books, and groceries for 1,100+ needy students in two schools in Pakistan.

Our Support a Deaf Child program provides free high-quality education and vocational training to needy Deaf children in Pakistan.



Give the gift of education for \$1 a day.

Help educate a deaf child for \$85/month.

MWC Relief

Millions of people worldwide struggle to meet their basic needs every day. Lack of access to clean water, food, and shelter creates a cycle of poverty that is difficult to break. However, organizations like MWC are working to change that. For years, MWC has been providing relief to those in need, delivering lifesaving supplies and offering assistance in the wake of disasters.



Water Exploration

3,000+ water wells and hand pumps installed in desert and remote regions of Pakistan.

Gift a brick house to a flood stricken family in Pakistan for just \$2,600!

Disaster Relief

We deliver humanitarian aid and funding during natural and man-made disasters. We have engaged in relief efforts for Bangladesh, the Philippines, Haiti, the Dominican Republic, regions of the Caribbean, and Pakistan, as well as provided humanitarian aid in Turkey, Syria and Myanmar. Closer to home, we have provided emergency support in Calgary during the floods. New Brunswick, after Storm Fiona, and New Orleans, USA, during Hurricane Katrina.

Refugee Welcome Kit

Provided

Welcome startup kits with more than 30 home essentials, including linen, dinnerware, cleaning supplies, etc.

Delivered 1,000+ kits to refugee families in Ontario since 2015

Provide a welcome kit for \$500

Pakistan Floods Rehabilitation

In 2022, catastrophic floods in Pakistan left 33 million people affected by the loss of life, injury, displacement and destruction of homes.

More than 1,700 people lost their lives, 12,867 were injured, and as many as 879,000 homes were destroyed, leaving 2.1 million men, women, and children in horrific conditions.



The elderly stayed awake at night to ensure children did not fall into the water and drown as they slept. During the day, women took turns keeping flies off the children as they swarmed their sleeping faces. In 2022, catastrophic floods in Pakistan left 33 million people affected by the loss of life, injury, displacement and destruction of homes.

To address the urgent need for assistance, MWC quickly took action to provide the affected people with food, shelter and 900 water purification kits with the help of our partners.

As the flood water recedes, survivors of these grave conditions will continue to need our help.

At MWC, we're committed to helping survivors rebuild their homes after this tragedy with resilient structures capable of withstanding future disasters.

Through MWC's Pakistan Rehabilitation program, families in need are offered a safe haven and the hope of rebuilding their lives, starting with a roof over their heads.

Long-Term Care

A better future for seniors in need.



As the senior population in Ontario is set to almost double by 2041, estimated to reach 4.6 million, the need for more accessible and affordable long-term care homes grows.

Muslim Welfare Canada has heard this call to action, striving towards creating a Campus of Care that not just meets but exceeds expectations.

The first phase, a 192-bed long-term care home, will provide invaluable support and comfort while addressing disparities within our aging communities - no one should be denied quality care due to their background or ethnicity. The facility will provide care for those who need full-time assistance and include an on-site pharmacy and physiotherapy clinic.

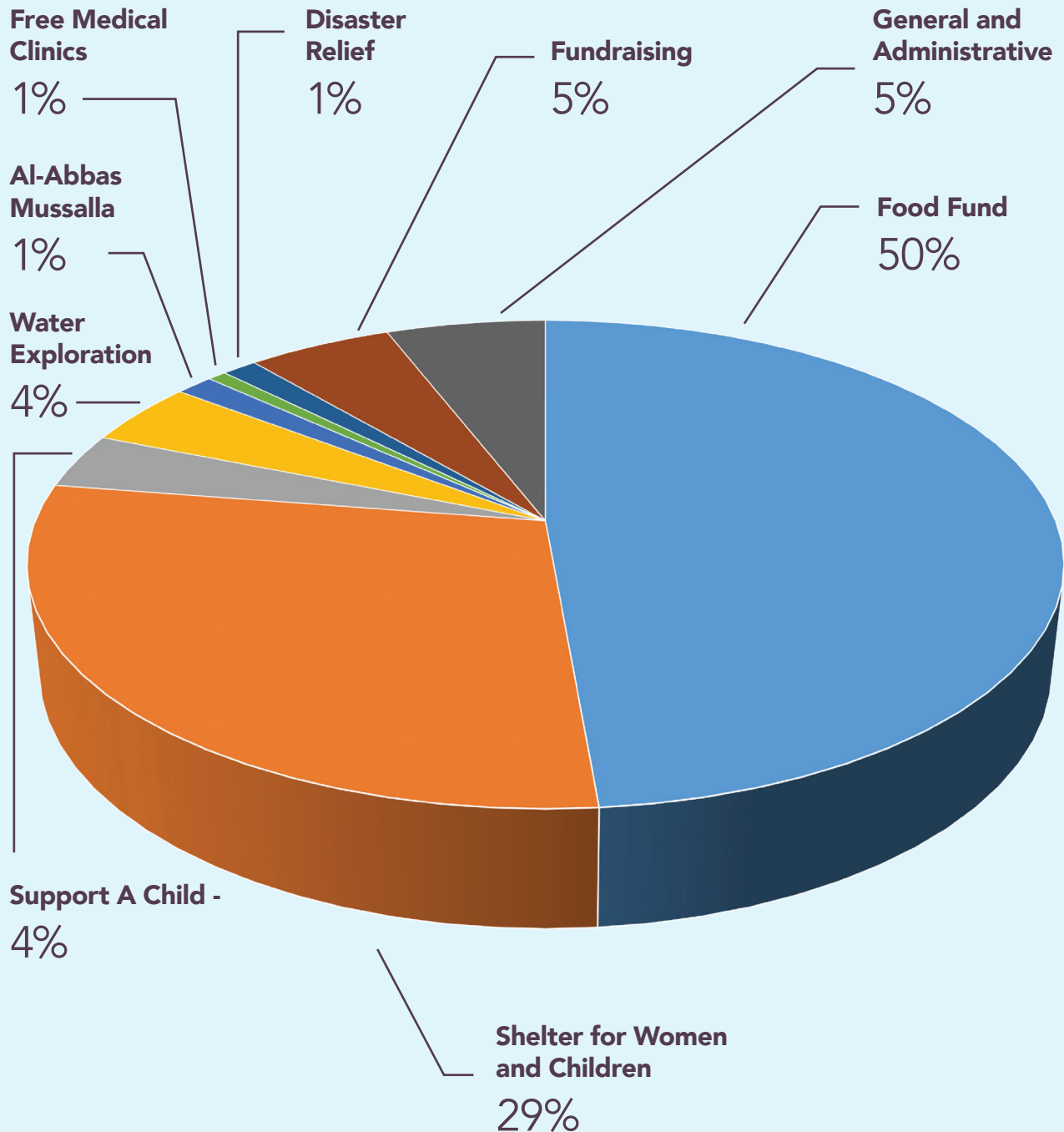
The second phase, a 96-unit apartment complex will offer affordable housing

for seniors who live independently. These facilities will allow seniors to age in place and maintain their independence for as long as possible.

With your support, we can provide these vital services to our community and make a real difference in the lives of our seniors.

Programs/ Project Expenditures

For the period



Please Donate



Your Zakat & Sadaqah

Water well (\$1,500) and hand pumps (\$500)

Visit mwcanada.org/donate



All donations are tax-deductible.

Registered Charity #89733-1732-RR-0001

(your Fitra & Fidyah is promptly used to feed the needy)

Head Office: Scarborough

100 McLevin Ave, Unit 4

Toronto, ON, M1B 5K1

P: (416) 754-8116

F: (416) 754-4468

Toll-Free: 1-866-754-3111

Mississauga:

3490 Mavis Road,

Mississauga, ON, L5C 1T8

P: (905) 281-9730

F: (905) 281-9596

Toll-Free: 1-866-754-3111

Arctic Food Bank INUVIK NT

29 Wolverine Road, P.O.Box. 2775

Inuvik, NT, X0E 0T0

Ph: 1.867.678.2700

Arctic Food Bank IQALUIT NU

4121 Road to Nowhere

Iqaluit, NU, X0A 0H0

Ph: 1.867.979.1362

Whitby:

Muslim Welfare Residences

732 Dundas Street East,

Whitby, ON, L1N 2J7

P: (905) 668-3680

F: (905)-668-3791

Toll-Free: +1-844-749-4505

Muslim Welfare Home

425 Dundas Street East

Whitby, ON L1N 2J2

P: (905) 665-0424

F: (905) 665-1446

Toll Free Tel: +1-866-666-1115

