

MWC



# 2024 Impact Report

Serving  
Humanity  
Since 1993.

**Muslim Welfare Canada**

The figures reported here are from 2023

# Executive Summary

As we stand at the cusp of three decades of unwavering commitment to service, Muslim Welfare Canada (MWC) tirelessly pressed ahead amidst the challenges 2023 brought, upholding its dedication to humanity and fellow Canadians. This landmark year saw us not only sustaining our ongoing initiatives but also embarking on transformative projects to broaden our impact.

Our efforts stretched from providing immediate relief to those affected by calamities worldwide to championing lasting projects in our beloved Canada. With the shared vision of alleviating suffering and fostering hope, we intensified our response to global crises while fortifying our domestic projects aimed at senior care, education, healthcare, shelter, and food security. By integrating the wisdom accumulated over 30 years with a vibrant spirit of innovation, MWC is set to illuminate the path ahead with compassion and service, echoing our enduring promise to Canadians and humanity at large.

**Shahid Khan**  
Executive Director



**Naushaba Ali**  
President



# Message From The President

Assalamu Alaikum!

May the peace and blessings of Allah (God) be with you all.

In this milestone year, where we celebrate 30 remarkable years of unwavering service to humanity and support for Canadians in need, our hearts brim with gratitude, humility, and deep reverence for the vision set forth by our beloved founders, Muhammad Abbas Ali and his wife Sarwar Jahan Begum.

Post his military service, his life became a tapestry of adventure and deep commitment to alleviating the suffering of the underprivileged. His vision, imbued with an unyielding desire to assist the poor and disenfranchised, has been the guiding star of MWC's journey over these 30 years. Today, as we reflect upon and celebrate the myriad ways in which this vision has come to fruition, we see a legacy alive and thriving, reaching out to the corners of the world and providing support to Canadians in need.

From nourishing the vulnerable, and ensuring healthcare for all, to empowering children with education and resources for a brighter future, we witness Major Abbas Ali and Sarwar Jahan Begum's dream unfolding into reality each day. And as the bricks of our long-term care facility in Courtice, Ontario, are laid down, we not only see a building taking shape but the embodiment of a vision - a safe, nurturing haven for seniors, echoing our founders' compassion and commitment to service.

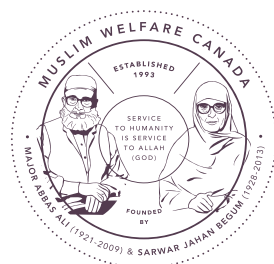
Yet, this is just the beginning. The tapestry is continually woven with threads of service, kindness, and love, with each initiative, every volunteer, and the generous donations received. Together, as we forge ahead, let's honour Major Abbas Ali and Sarwar Jahan Begum's legacy by living their vision, expanding the realms of our service, and deepening the well of our impact.

May Allah's blessings continue to shower upon us as we walk this path laid out by our esteemed founders.

Ameen.

*Naushaba Ali*

Naushaba Ali  
MWC President



# MWC Food

At MWC, tackling food insecurity is at the core of our mission. We're dedicated to eradicating hunger across Canada and globally, striving to be at the forefront of support for both young and old whenever the need arises.

## Food Bank

**Scarborough & Mississauga.**

Food banks help assist more than 850,000+ Canadians every month. Each food bank supplies beneficiaries with perishable and non-perishable food, household items, clothing, footwear and winter gear.

**It costs \$50+ to sponsor a visit to the food bank.**

**This year alone, we had over 30,000+ visits to our food banks.**



## Arctic Food Bank

**Inuvik, NT & Iqaluit, NU.**

In the Northwest Territories, 24% of households are food insecure. To learn more or get involved, please contact us at: [arcticfb@mwcanada.org](mailto:arcticfb@mwcanada.org)

**More than 5,000+ visits in 2023.**

**Nearly 70% of Inuit homes in Nunavut experience food insecurity.**



## Regent Meals

**Regent Park, Toronto.**

This program serves over 700+ meals every Saturday & Sunday at the Fred Victor in downtown Toronto. **It costs only \$6 to sponsor a meal.**

**We have served over to 117,000+ meals to the Regent Park community.**



## Project Ramadan

### Ottawa.

To fundraise, assemble, and distribute baskets containing staple food items during the Holy month of Ramadan.

**Donate a food basket for \$70.**

**We built and distributed over 100,000+ food baskets across Ontario since 2009.**



## Qurbani & ★ Zabiha

We have prepared and provided Qurbani meat to many parts of the world, including Pakistan, Sri Lanka, Afghanistan, Bangladesh, Syria, India, Yemen, Somalia, Palestine, the Rohingya refugee camps and Azad Kashmir.

**In 2023 alone, over \$300,000+ of meat was distributed locally and globally.**



## Meals on Wheels

### Toronto & Hamilton.

We prepare over 500 lunch bags, and warm clothes, blankets and sleeping bags are distributed to assist the homeless in coping with the harsh weather.

**It costs only \$3 to sponsor a lunch.**

**To date, we have distributed over 373,000+ meals to the most vulnerable.**



## Malvern Eats

### Malvern Tavern, Toronto.

Every Wednesday, we come together to provide residents with freshly prepared lunches.

**It costs only \$6 to sponsor a meal.**

**Since its launch, we have served over 117,000+ meals to the Malvern community.**



## Meals on Wheels for Seniors

### Toronto & Mississauga.

Since 2013, we prepare and provide 500 low-income seniors with healthy meals delivered right to their doorsteps, twice a week with regular check-ins. **It costs only \$11 to sponsor a meal.**

**To date, we have distributed over 190,000+ meals delivered to elderly.**



# MWC Wellness

We uphold the belief that access to healthcare is a fundamental right for everyone. We offer services to those lacking insurance, aiming to promote health equity across all communities.

## Free Medical Clinic

**Toronto & Mississauga.**

Our usual patients are refugees, new immigrants, international students, and visitors.

We offer highly personalized healthcare and have helped over 600 patients without OHIP coverage remotely this year.

**9,600+ patients served since 2009.**



## Al Abbas Mussallah and Food Bank

**Mississauga.**

Is a space dedicated to educational and spiritual growth for the community in our Mississauga facility that provides counselling services, and also houses our Halal Food and Essential Items Bank.

**About 200 people per week attend the Mussallah for Friday Prayers.**



## Mother & ★ Child Support

**Pakistan.**

To address the grave nutritional needs and health concerns of pregnant women, young mothers, and their children in Pakistan's drought-stricken Tharparkar desert region.

**We have supported more than 1,000 vulnerable women and their children.**



# MWC Homes

**28% of women-led households in Canada are in core housing need. Approximately 699 women and 236 accompanying children are turned away from domestic violence shelters across Canada each day.**

## Muslim Welfare Homes

**Whitby, Ontario.**

MWC operates two programs to offer shelter and safety to women & their children needing a lifeline. We provide safe and dignified living space and nutritious hot meals.

**19,500+ women and children assisted since 1996.**



## Long-Term Care

The facility is set to open in 2026 & will provide care for those who need full-time assistance and include an on-site pharmacy and physiotherapy clinic.

**As the senior population in Ontario is set to almost double by 2041, estimated to reach 4.6 million, the need for more accessible and affordable long-term care homes grows.**



## Muslim Welfare Residences

**Whitby, Ontario.**

Provides boarding lodging for up to three years to women of all backgrounds facing homelessness. The facility also provides professional life-skills training to enable the residents to become independent.

**Case work, mental health, addiction counselling, and other support provided.**





# Arctic Food Bank

# Fill-A-Backpack





# MWC Children

Living in a changing world, preparing the next generations for the challenges is essential. Unfortunately, many children in Canada still lack necessities, including food and adequate shelter, hindering their success and overall well-being.

## Fill-A-Backpack

**GTA & Northern Territories.**

At MWC, we've taken the initiative to fill school bags for underprivileged children every year.

This year we've travelled to the north to deliver school bags to communities in need.

**Since 2014, distributed over 22,000+ backpacks.**



## Support-A-Child ★

**Pakistan.**

Over 700 students are sponsored annually in our 2 schools in Karachi's less affluent neighbourhoods, with quality education to children in need, school supplies, uniforms, and shoes and help their families with food.

**It costs \$1/day to support a child and \$3/day to support a Deaf child.**



## Public School Nutrition

**GTA.**

Our efforts have allowed us to extend our breakfast, morning meals, and snack programs to include 24 schools across the high need areas of the GTA, including the region of Durham.

**Contributed over \$300,000 in support of school nutrition since 2009.**



# MWC Relief

**MWC Relief provides immediate assistance to those in need with 28 years of service based upon the value of serving the needy irrespective of religion, nationality, or ethnicity.**

## Pakistan Floods Rehabilitation ★

### Pakistan.

In 2022, the catastrophic floods took 1,700 lives, injured 12,867, and destroyed 879,000 homes, leaving 2.1 million men, women and children in horrific conditions.

**MWC provided the affected people with food, shelter and water purification kits with the help of our implementing partners.**



## Refugee Welcome Kits

### Canada.

Our Welcome Kits contain over 30 items essential for helping newly arrived families settle down in their new homes. Contact us to learn how you can become a Welcome Kit Sponsor.

**Provide a welcome kit for \$500.**

**1,100+ kits delivered to refugees since 2015.**

## Disaster Relief ★

In partnership with key humanitarian organizations, MWC has directed relief efforts to areas affected by disasters, including Morocco, Palestine, Libya, the Rohingya, Lebanon, Turkiye, and flood-stricken regions like Pakistan, now focusing aid on Gaza.





## Water Exploration ★

### Pakistan.

We have received support from hundreds of our donors to carry out this project, and each water well or hand pump is commemorated with a plaque bearing the donor's name.

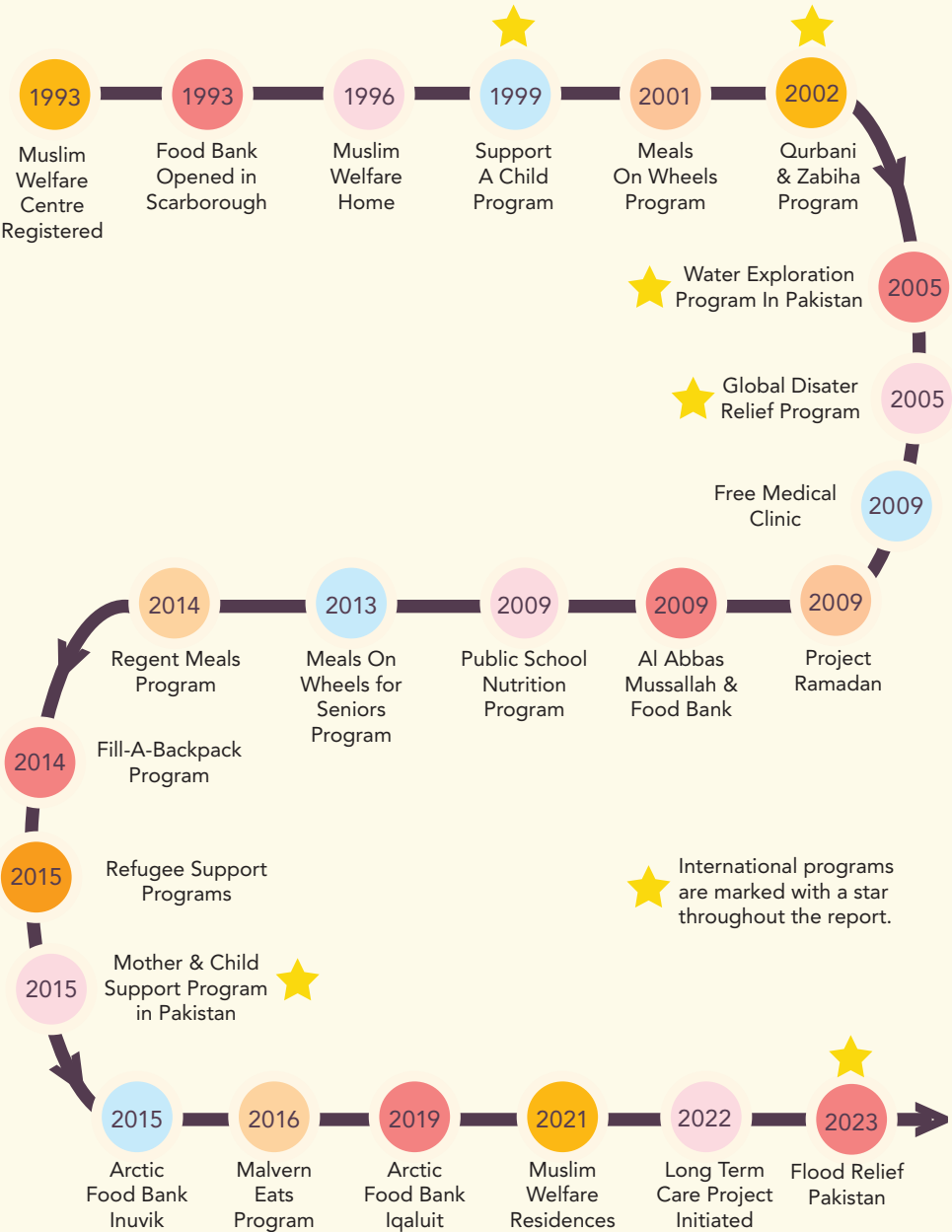
We welcome sponsors interested in this initiative to join us in helping children and families living in remote villages with access to clean drinking water.

**The cost of sponsoring a hand pump is \$500, and a well is \$1,500.**

**Over 3,250 wells and hand pumps have been installed in desert regions across Pakistan since the start of the project in 2005.**

# MWC MILESTONES

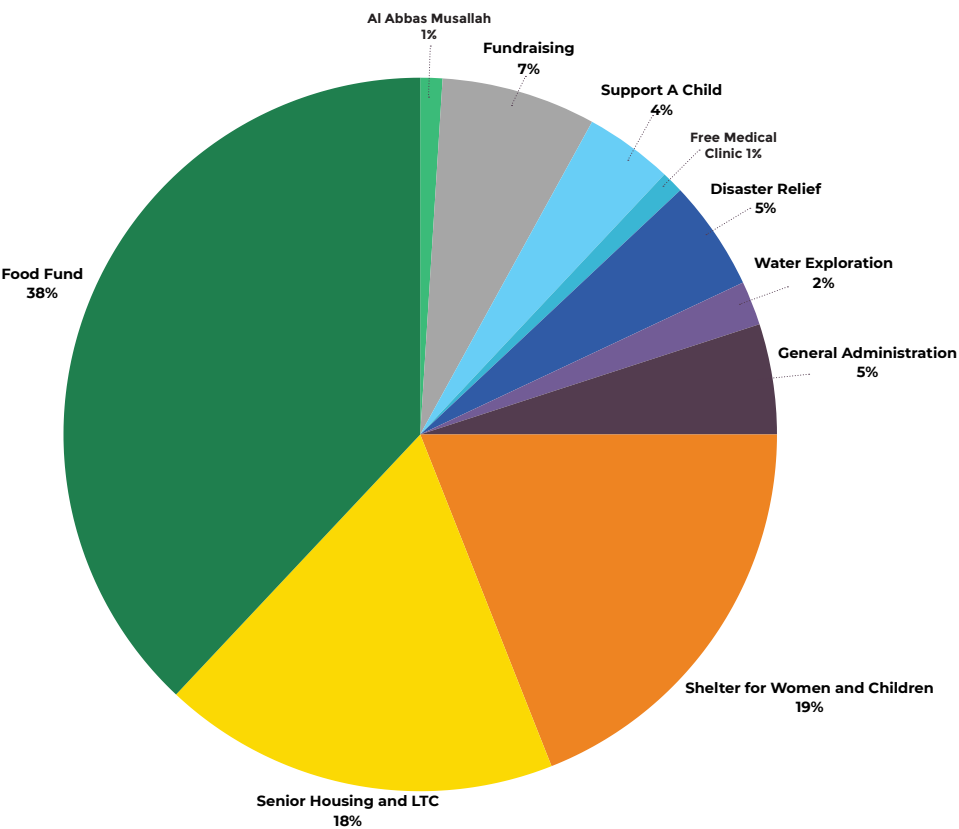
## Programs through the years





# MWC PROGRAMS PROJECT EXPENDITURES

For the period Jan 1 to Dec 31 2023



# OTHER PROGRAMS

## Shelters



### Muslim Welfare Homes

The Muslim Welfare Home in Durham region uniquely supports needy women and children with emergency shelter, multilingual counselling, and housing assistance.



### Muslim Welfare Residences

Muslim Welfare Residences in Durham Region offers a two-year program for the chronically homeless, focusing on stability, independence, and comprehensive support.

## Medical



### Free Medical Clinic

Muslim Welfare Canada offers free medical clinics in Scarborough and Mississauga, serving uninsured individuals, including immigrants and refugees.

## Food



### Food Bank & Meals

Support Muslim Welfare Canada's food and meal programs, addressing Canada's growing food insecurity. Your donation helps provide essential aid to struggling families and children.

## Child Sponsorship Programs



### Support a Child

The Support a Child program in Pakistan, an initiative of Muslim Welfare Canada, offers education, healthcare, and nurturing to children in need.



### Mother and Child Support

The Mother and Child program by MWC addresses nutritional and health needs of pregnant women and children in Tharparkar, Pakistan.



### Support a Deaf Child

The Support A Deaf Child program in Karachi, empowers Deaf children with education, vocational training, and comprehensive support.

## International Relief



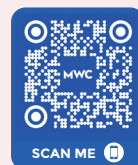
### Emergency Relief

Muslim Welfare Canada's emergency relief program swiftly addresses global crises, delivering aid and hope to those affected by disasters worldwide.



### Water Exploration

Muslim Welfare Canada's Water Exploration program provides clean water to remote Pakistani villages, enhancing lives and agricultural sustainability.



### Village Development

Muslim Welfare Canada's Village Development Program in Pakistan transforms remote areas by building houses where needed, uplifting lives in impoverished villages.

Muslim Welfare Centre of Toronto was founded in 1993 by two visiting seniors, Major Muhammad Abbas Ali and his wife Sarwar Jahan Begum as a small food bank in Scarborough, Ontario with the motto 'Service to humanity is service to Allah (God)'.



## Head Office

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Toronto, ON, M1B 5K1  
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Toll Free: 1-866-754-3111

## Mississauga Branch

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P: (905) 281-9730  
F: (905) 281-9596  
Toll Free: 1-866-754-3111

## Whitby Branch

732 Dundas Street East  
Whitby, ON, L1N 2J7  
P: (905) 665-0424  
F: 905-665-1446  
Toll Free: 1-866-666-1115

## Arctic Food Bank

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Inuvik, NT X0E 0T0  
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Arctic Food Bank  
4121 Road To Nowhere  
Iqaluit, NU X0A 0H0  
P: 867-979-1362



SCAN ME



## DONATE YOUR ZAKAT

All donations are tax deductible. Registered Charity #89733-1732-RR-0001